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Reading English as a foreign language: The interplay of abilities and strategies

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ABSTRACT

This paper investigates the preferred order of reading strategies at three ability levels by L1 Arabic learners of English in an EFL setting. Then it explores whether there was a relationship between ability level and strategy use. Ninety-two EFL college students enrolled in a reading comprehension class participated in this study. They took a TOEFL reading section to determine their reading abilities/levels, and then they completed a biographical and the Survey of Reading Strategies (SORS) questionnaires. Then, statistical analyses were conducted. The results showed that each ability level reported strategy use differently in terms of order and intensity. There was also a statistical significance in strategy use between the high ability and the low ability levels. The low ability level participants reported higher use of the global reading strategies than the high ability group. However, no statistical significance of association was found between reading ability and strategy use.

Keywords: EFL; metacognition; reading abilities; reading proficiency; reading strategies; reading instruction

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INTRODUCTION

Reading in a second/foreign language is the most central skill that second language literacy evolves around. The teaching and learning of reading had been abreast applied linguistics research agenda in the twentieth century (e.g., Baker & Brown, 1984; Block, 1986; Carrell, 1985, 1989, 1998; Clarke, 1979; Goodman, 1967; Gough, 1972; Stanovich, 1980). It seems that the endeavor will keep trending in the future as well. Applied linguists, in particular, have developed research agenda that caters to reading education to help facilitate reading, analyze related factors, and devise ways to enhance the reading enterprise at large.

Reading strategies and their role in reading at various ability levels in a second language have gained momentum in the past two decades. Several research studies were directed to identifying reading strategies, their taxonomies, and issues affecting their use (e.g., He, 2008; Lee-Thompson, 2008). Some other research projects were geared toward devising tools to measure reading strategies and their relation to reading comprehension. One, if not the most, influential measurement tool for reading strategies is the Survey of Reading Strategies (SORS) developed by Mokhtari and Sheorey (2002). The tool was proven to be a valid and reliable means to measure the use of reading strategies. It classifies reading strategies into three types: Global Strategies, Problem-solving Strategies, and Support Strategies. Thus, tens of studies used this instrument for gauging strategy use, their order, and its relation to reading proficiency.

Some of these studies that used the SORS yielded inconsistent findings even though they dealt with similar questions in comparable situations. This

intrigued researchers to find out possible explanations. One possible reason that has been pointed out is the role of learners' L1 literacy experiences and features. It seems that L1 features have a say in how L2 readers approach the task of reading and how they use reading strategies (Abbott, 2006; Bang & Zaho, 2007). Thus, research studies were conducted on specific EFL learners from various L1 backgrounds like Arabic, Chines, Korean, Malay, Persian, Turkish, etc. For example, when rank-ordering strategies recognized by L1 Persian college-student learners, Tavakoli (2014) found that learners used to support strategies at a moderate rate first, followed by global strategies problem-solving strategies the least. Madhumathi and Ghosh (2012), however, studied Hindi speaking college students and found the order to be problemsolving strategies first followed by global and then support strategies. Pammu et al. (2014) studied the order for learners in college from Bahasa Indonesia and found the order to be different from the previous two studies; the order was high use of problemsolving, moderate use of support, and low level of global reading strategies. In sum, the literature's inconsistency could be ascribed at least in part to L1 influence.

The proficiency level was another factor that researchers thought would affect the use of reading strategies (Phakiti, 2003; Sheorey & Mokhtari, 2001; Zhou & Zhao, 2014). The students' reading ability goes higher, so is the strategy use. One can argue both ways, either good strategy usage increases reading proficiency or higher proficient readers use more strategies as a byproduct. Either way, the problem-solving and the global strategies are used more frequently among high ability readers who become freer from text-related problems such as parsing and word recognition, difficulties that are more associated with lower ability reading levels.

The ensuing study ventures to add to the ongoing discussions in the previous research with EFL Arabic learners. It will investigate certain aspects of reading strategies for this particular L1 group: the rank order at three ability levels and the relationship to reading proficiency. The study seeks to answer the following questions:

- 1. How do EFL learners use reading strategies? In what order?
- 2. Does reading ability level affect the order of strategy use? In other words, would high ability readers choose a different order of strategies from the lower two levels? Further, is there statistical significance between the high ability and the low ability groups in terms of strategy use?
- 3. Does the use of reading strategies correlate with perceived English proficiency? Is there a relationship between reading ability as manifested in

TOEFL scores and reading strategies? Does perceived reading proficiency correlate with reading ability?

METHOD

Participants

Ninety-two EFL students participated from a major university in Saudi Arabia. The participants were second-year students taking a third-semester reading-comprehension course. To acquire many participants, the data collection went on for three consecutive semesters. All participants were male, and their age ranges between 19-23, and they were enrolled in an undergraduate degree in English.

Instruments

The study seeks to explore reading ability levels, perceived strategy use, and self-reported proficiency in English. Thus, a reading test was used to determine reading ability, the Survey of Reading Strategies (SORS) was used to explore strategy perceived use, and a demographic questionnaire to collect participants' perceived proficiency.

The reading test used was an older version of the TOEFL reading section that consisted of a traditional five-passage format that varies in topics and difficulty. The test is valid and reliable as attested by the English Testing Services, the ETS. Further, the test is recognized as a valid and accurate indicator of testees' actual reading level by university admission requirements worldwide.

The survey of reading strategies was devised by Mokhtari and Sheorey (2002) to measure ESL students' awareness of reading strategies. The survey is divided into three major sections: Global Reading Strategies (GLOB), the Problem-solving Strategies (PROB), and the Support Reading Strategies (SUP). Each subarea consists of several strategies. The survey is scored on a 5-Likert scale where scale 1 is" I never or almost never do this," and scale 5 is " I always or almost always use this strategy" (Mokhtari & Sheorey, 2002, p. 10).

A detailed scoring sheet was also devised by Mokhtari and Sheorey (2002) to help interpret the results. Each section was listed separately on the scoring sheet. The researcher would add the scores for each item and then divide the sum by the number of strategies, namely 13 for the GLOB, 8 for the PROB, and 9 fits the SUP. The participant who would score 3.5 and higher is considered a high strategy user, 2.5 to 3.4 is considered medium, and less than 2.5 is low. Then the total scores of the 30 strategies would be added and then averaged by 30 to get the general assessment of strategy use.

The global reading strategies section (GLOB) consists of thirteen strategies. They basically deal with prereading activities. For example, one of the strategies asks whether a reader had a premeditated goal for undertaking the reading task; whether they

would bonder their general background knowledge about the topic at hand; whether they would take a general overview of the text and tried to know what it was about, its length, organization, pictures, tables, and other textual aids. Thus, this subscale is more about preparing the setting for the act of reading.

The second set of strategies is the problemsolving strategies (PROB). This set is comprised of eight strategies. They are localized, focused strategies dealing with the actual reading process. They help the reader overcome textual and comprehension difficulties as the reading text unfolds. For example, reading speed adjustment, rereading, and backtracking for comprehension are examples of problem-solving strategies.

The third section is the support strategies section (SUP). It consists of 9 strategies that deal with basic techniques that most readers use. For example, a reader might resort to using a dictionary, underlining keywords or ideas, highlighting texts, translating to one's native language to further grasp a concept, etc.

The reliability of the tool is well established in several previous studies (e.g., Alhaqbani & Riazi, 2012; Alsheikh, 2009; Ghaith & El-Sanyoura, 2019; Malcolm, 2009; Mokhtari & Sheroey, 2002; Sheorey & Baboczky, 2008, etc.). Yet to be sure, the reliability coefficient test for this study was conducted, and the Cronbach's Alpha was 0.857 for the SORS 30 items. Thus, the instrument is reliable for the present study.

The demographic questionnaire comprises basic information about participants, such as information on their name, age, past English learning experiences, and, most importantly, their self-reported level of English proficiency. Selfreported proficiency is the third aspect of this study. The participants were asked to rank themselves on a three-level scale: advanced, intermediate, or low.

Procedure

The researcher presented the project to prospective participants during class meetings. They were told that participation is optional. Most of the students enrolled were willing to join. The students were first given the TOEFL test. The assigned time was 60 minutes. Then they were allowed a 15-minute break, and then they were asked to complete the SORS in addition to the demographic questionnaire.

Data Analysis

Each participant was given an ID number, and then the TOEFL was corrected on the customary 30marks score of the reading section of the TOEFL. After that, the questionnaires were analyzed based on the SORS descriptors. Then the data were fed to SPSS 26 Program for statistical analysis. In answering the first question, reading strategies were put in general order based on the means of the 30 strategies. Then, to answer the second question, the participants' reading abilities were divided into three levels: high ability, medium ability, and low ability readers. Each level was associated with their respective order of strategies. Then t-test was conducted to see whether there is statistical significance between the high ability and the low ability groups to answer the third question. Then, to answer the remaining questions, correlation tests were conducted to explore possible significant associations between perceived use of strategies, self-reported proficiency, and actual reading abilities.

FINDINGS

To answer the first question, "How do EFL learners use reading strategies? In what order?" the participants' responses to the SORS were fed to SPSS 26, and the descriptive statistics yield a rank order of the reading strategies (see Table 1). The overall average of strategy use is 3.33, which according to the SORS, is considered medium use for the entire scale. The pattern is High PROP (3.59), Medium GLOB (3.24), then Medium SUP (3.22).

As the table shows, the top 13 strategies yield a mean of 3.5 and above, which is considered high use according to the SORS descriptor. Three of them are GLOB (23%), six PROB (46%), and four SUP strategies (30%). Thus, the problem-solving subset is the highest in the high strategy use.

Fifteen strategies ranking from 14 to 28 are strategies of medium use. The breakdown of these strategies is nine GLOB strategies (60%), three PROB (20%), and three SUP strategies (20%). The two remaining strategies are classified as low use, one GLOB, and one SUP.

To answer the first part of the second question, "Does reading ability level affect the order of strategy use? In other words, would high ability readers choose a different order of strategies from the lower two levels?" the participants were assigned to one of three groups based on their performance: high, intermediate, and low ability readers. The rank order of the high ability group is shown in Table 2. The pattern of strategy use is High PROB (3.63), Medium GLOB (3.23), and then Medium SUP (2.95). The total strategy use is medium (3.25).

The high ability group reported high use of 15 strategies. They are as follows: seven PROB (47%), five GLOBS (33%), and three SUPs (20%). As for the medium use, the group reported 12 strategies: eight GLOBs (67%), three SUPs (25%), and one PROB (8%). And the low reported strategies were only three: two SUPs and one GLOB.

Table 1	
The Rank Order of Reading Strates	zies

Rank	Category	Statement	Ν	Mean	Std. Deviation	Variance
1	GLOB	Q15	92	4.17	.990	.980
2	PROB	Q7	92	3.91	1.002	1.003
3	PROB	Q9	92	3.87	1.233	1.521
4	SUP	Q10	92	3.82	1.109	1.229
5	SUP	Q13	92	3.77	1.196	1.431
6	PROB	Q11	92	3.68	1.176	1.383
7	GLOB	Q1	92	3.68	.824	.680
8	PROB	Q25	92	3.68	1.231	1.515
9	SUP	Q30	92	3.64	1.272	1.617
10	PROB	Q28	92	3.63	1.146	1.312
11	SUP	Q29	92	3.63	1.273	1.620
12	PROB	Q14	92	3.59	1.187	1.410
13	GLOB	Q3	92	3.52	1.124	1.263
14	GLOB	Q24	92	3.49	1.297	1.681
15	PROB	Q19	92	3.42	1.234	1.522
16	GLOB	Q23	92	3.34	1.030	1.061
17	PROB	Q18	92	3.30	1.247	1.555
18	GLOB	Q17	92	3.27	1.120	1.255
19	GLOB	Q12	92	3.16	1.189	1.413
20	GLOB	Q8	92	3.14	1.379	1.903
21	GLOB	Q20	92	3.08	1.447	2.093
22	GLOB	Q27	92	3.05	1.296	1.678
23	SUP	Q2	92	3.00	1.267	1.604
24	GOLB	Q4	92	2.97	1.370	1.878
25	PROB	Q16	92	2.89	1.262	1.592
26	SUP	Q22	92	2.84	1.243	1.545
27	GLOB	Q6	92	2.78	1.282	1.645
28	SUP	Q26	92	2.74	1.308	1.711
29	GLOB	Q21	92	2.43	1.170	1.369
30	SUP	Q5	92	2.26	1.398	1.953
		Valid N (listwise)	92			

Table 2

High Reading Ability Strategy Order

Rank	Category	Statement	Ν	Mean	Std. Deviation	Variance
1	GLOB	Q3	12	4.17	.718	.515
2	GLOB	Q15	12	4.00	.953	.909
3	PROB	Q25	12	3.92	1.443	2.083
4	PROB	Q14	12	3.92	.996	.992
5	SUP	Q10	12	3.92	1.084	1.174
6	PROB	Q9	12	3.83	1.030	1.061
7	GLOB	Q17	12	3.67	.985	.970
8	PROB	Q11	12	3.67	.985	.970
9	PROB	Q19	12	3.58	1.379	1.902
10	SUP	Q13	12	3.58	1.443	2.083
11	PROB	Q7	12	3.58	1.084	1.174
12	PROB	Q28	12	3.58	.900	.811
13	SUP	Q18	12	3.50	1.314	1.727
14	GLOB	Q1	12	3.50	.905	.818
15	GLOB	Q20	12	3.50	1.382	1.909
16	GLOB	Q24	12	3.42	1.240	1.538
17	GLOB	Q23	12	3.33	.888	.788
18	GLOB	Q8	12	3.08	1.564	2.447
19	GLOB	Q12	12	3.00	1.044	1.091
20	GLOB	Q4	12	3.00	1.206	1.455
21	PROB	Q16	12	2.92	1.165	1.356
22	SUP	Q30	12	2.83	1.115	1.242
23	GLOB	Q29	12	2.75	1.422	2.023
24	SUP	Q26	12	2.67	.985	.970
25	SUP	Q22	12	2.67	1.073	1.152
26	GLOB	Q27	12	2.58	1.084	1.174
27	GLOB	Q21	12	2.50	.674	.455
28	SUP	Q2	12	2.33	1.073	1.152
29	SUP	Q5	12	2.33	1.557	2.424
30	GLOB	Q6	12	2.25	1.138	1.295
		Valid N (listwise)	12			

The intermediate reading ability level group reported the following strategy rank order. As table 3 shows, thirteen strategies high, fifteen medium, and two low. The top thirteen 3.5 and above are as follows: six PROBs (46%), four SUPs (30%), and three GLOBs (23%). The fifteen medium strategies

Table 3

Intermediate Reading Ability Order

are nine GLOBs (60%), four SUPs (27%), and two PROB (13%). As for the low one GLOB and one SUP. The general order is high PROB (3.61), medium SUP (3.26), then medium GLOB (3.21). The overall level is medium (3.33).

Rank	Category	Statement	Ν	Mean	Std. Deviation	Variance
1	GLOB	Q15	68	4.18	.961	.924
2	PROB	Q7	68	4.00	.977	.955
3	PROB	Q9	68	3.90	1.259	1.586
4	SUP	Q29	68	3.81	1.188	1.411
5	SUP	Q10	68	3.81	1.096	1.202
6	SUP	Q13	68	3.78	1.183	1.398
7	PROB	Q11	68	3.74	1.154	1.332
8	SUP	Q30	68	3.72	1.280	1.637
9	PROB	Q28	68	3.66	1.141	1.302
10	GLOB	Q1	68	3.65	.806	.650
11	PROB	Q25	68	3.62	1.172	1.374
12	PROB	Q14	68	3.56	1.214	1.474
13	GLOB	Q24	68	3.50	1.240	1.537
14	GLOB	Q3	68	3.44	1.111	1.235
15	PROB	Q19	68	3.41	1.225	1.500
16	GLOB	Q23	68	3.29	1.120	1.255
17	SUP	Q18	68	3.21	1.229	1.509
18	GLOB	Q17	68	3.15	1.123	1.262
19	GLOB	Q8	68	3.15	1.330	1.769
20	SUP	Q2	68	3.13	1.280	1.639
21	GLOB	Q12	68	3.13	1.233	1.520
22	GLOB	Q27	68	3.01	1.299	1.686
23	GLOB	Q4	68	2.99	1.419	2.015
24	PROB	Q16	68	2.97	1.293	1.671
25	GLOB	Q20	68	2.94	1.402	1.967
26	GLOB	Q6	68	2.93	1.285	1.651
27	SUP	Q22	68	2.93	1.285	1.651
28	SUP	Q26	68	2.71	1.316	1.733
29	GLOB	Q21	68	2.44	1.151	1.325
30	SUP	Q5	68	2.24	1.351	1.824
		Valid N (listwise)	68			

The low ability reading group yielded the results that are showing in Table 4. The sixteen high-use strategies, eleven medium, and three low. The breakdown of these levels are as follows: the sixteen high use are seven GLOBs (44%), five SUPs (31%), and four PROB (25%). The eleven medium strategies are five GLOBs (46%), three PROBs (27%), and three SUPs (27%). As for the low reported strategies, there were three: a PROB, a GLOB, and a SUP reading strategy (33.33% each). The overall general pattern is medium SUP (3.29). The overall level is medium (3.36).

To answer the second part of the second question, "Is there statistical significance between the high ability and the low ability groups in terms of reported strategy use? independent t-test was conducted to see if there is a statistical significance between the two groups. The results show no statistical significance at the overall level of strategy use p = 0.06, the PROB p = 0.339, and SUP p = 0.213

subscales. However, a statistical significance was found in the GLOB subscale were (p=0.01), p < 0.05. The low ability group used more global strategies (seven GLOBs high use, five mediums, and one low use) than the high-level group (five GLOBs high use, eight GLOBs medium, and one low use).

The first part of the third question was answered by conducting the Spearman's correlation test to see if there was a relationship between the perceived strategy use and the perceived language proficiency (see Table 5). The results yielded no significant associations between these two variables. Though beyond question asked, the researcher was intrigued to see whether there was another relevant relationship. Thus, another correlation test was conducted to explore a possible relationship between reading ability, strategy use, and the results yielded no significance either.

Further, to answer the second part of the third question, "Is there a relationship between reading

ability as manifested in TOEFL scores and reading strategies?" A correlation test was conducted to see if any of the specific groups would yield any significant correlation, and the result still the same, no association between the strategy use and the reading ability among the three ability levels, as could be seen in Table 6.

As for the last part of the third question, which reads," *Does perceived reading proficiency correlate with reading ability?* The question is meant to see if the students were over or

Table 4

Low Reading Ability Order

underestimating their abilities. Since the data is large enough and ordinal, the Spearman's rank correlation coefficient test was conducted between these two variables, and the answers are shown in Table 7. The results show a strong relationship between the self-reported proficiency and actual reading test p= 0.00, which is less than p=0.05. This suggests accurate awareness of students' abilities. The same test was conducted with actual TOEFL scores, and the same results were confirmed at this significance level.

Rank	Category	Statement	Ν	Mean	Std. Deviation	Variance
1	GLOB	Q15	12	4	4.33	1.231
2	GLOB	Q1	12	2	4.08	.793
2 3	SUP	Q30	12	3	4.00	1.128
4	SUP	Q13	12	3	3.92	1.084
5	PROB	Q25	12	4	3.83	1.403
6	GLOB	Q27	12	4	3.75	1.288
7	SUP	Q10	12	4	3.75	1.288
8	PROB	Q9	12	4	3.75	1.357
9	PROB	Q7	12	3	3.75	1.055
10	SUP	Q18	12	4	3.67	1.303
11	GLOB	Q17	12	3	3.58	1.165
12	GLOB	Q23	12	1	3.58	.515
13	GLOB	Q12	12	4	3.50	1.087
14	SUP	Q29	12	3	3.50	1.314
15	PROB	Q28	12	4	3.50	1.446
16	GLOB	Q24	12	4	3.50	1.732
17	GLOB	Q20	12	4	3.42	1.730
18	PROB	Q14	12	3	3.42	1.240
19	PROB	Q11	12	4	3.42	1.505
20	PROB	Q19	12	4	3.33	1.231
21	GLOB	Q3	12	4	3.33	1.371
22	GLOB	Q8	12	4	3.17	1.586
23	SUP	Q26	12	4	3.00	1.595
24	SUP	Q2	12	4	2.92	1.240
25	GLOB	Q4	12	4	2.83	1.337
26	SUP	Q22	12	3	2.50	1.168
27	GLOB	Q6	12	4	2.50	1.314
28	PROB	Q16	12	3	2.42	1.165
29	SUP	Q5	12	4	2.33	1.614
30	GLOB	Q21	12	4	2.33	1.670
		Valid N (listwise)	12			

Table 5

Spearman's Correlation Between Self-Reported Proficiency and Reading Strategies

			Self-report	GLOB	PROB	SUP	Overall
	Salf Departed	Correlation Coefficient	1.000	.026	168	076	073
Spearman's Rho	Self-Reported Proficiency	Sig. (2-tailed)		.806	.110	.472	.487
	rionciency	Ν	92	92	92	92	92

Table 6

Person's Correlation between TOEFL Score and Reading Strategies

		Global Strategies	Problem Solving Strategies	Support Strategies	Overall Strategy
High	Correlation	.194	.005	172	027
High TOFFL Score	Sig. (2-tailed)	.546	.988	.592	.933
TOEFL Score	N	12	12	12	12
Intermediate	Correlation	.118	010	.046	.068
	Sig. (2-tailed)	.337	.935	.707	.581
TOEFL Score	N	68	68	68	68
I	Correlation	358	079	492	368
Low	Sig. (2-tailed)	.254	.806	.105	.240
TOEFL Score	N	12	12	12	12

Table 7

Correlation between Reading Ability and Self-Reported Proficiency

		Reading Ability	Self. Reported Proficiency
Spearman's Rho Reading Ability	Correlation Coefficient	1.000	.392**
	Sig. (2-tailed)		.000
	Ν	92	92

**. Correlation is significant at the 0.01 level (2-tailed).

DISCUSSION

The results of this study lend themselves to vast interpretations in terms of the three subscales of reading strategies, their order, the intensity of use, and their relationship to self-reported proficiency and various reading abilities. The first major finding is that different levels of reading abilities have different order and level of strategy use. The general pattern for the entire sample was high PROB, medium GLOB, and medium SUP with overall medium use. This pattern conforms to the high ability group and low ability group patterns. However, it is different from the pattern of the intermediate reading ability group, which was high PROB, medium SUP and then medium GLOB. The reported higher use of the SUP strategies could be interpreted because of the need for comprehension considering the limited vocabulary of the learners. The high use of SUP strategies reported were all pertinent to translation and using dictionaries or underlining keywords (see Table 4 above). This supports the findings that were asserted by Hsueh-Chao and Nation (2000), who contend that readers need to know at least 98% of the words to fully comprehend a text in a foreign language.

Further, the intermediate ability group's pattern was found similar to the order found in Ghaith and El-Sanyoura (2019); Ghwela et al. (2017); Zuledwi et al. (2018), whose participants were also intermediate ability level. However, the same order was not found in the high ability group whose rank order left the SUP strategies to be the least. Thus, as the ability to read goes higher, readers seem to lessen their reliance on SUP strategies with a stronger emphasis on the GLOB strategies instead. Thus, the order becomes higher PROB, medium GLOB, and medium SUP. As readers become more proficient, they employ more PROB strategies, as was confirmed by Alsheikh (2009) and Tsai et al. (2010), who found that PROB strategies are used more by high proficiency readers. GLOB strategies are also used more as reading ability rises to overcome mainly vocabulary difficulties, a finding that is supported by Zhang (2001).

The low ability group reported similar order of strategy use as the high ability, but the intensity of use was lesser. The use of strategies was medium across the board. This result conforms to Meniado's (2016) study, where the first-year college student participants (low/beginner level) reported medium use of the three subscales. Further, the low ability group was found more reliant (at a statistically significant level) on GLOB strategies than the high ability group. This is to compensate for lower decoding/processing abilities. In addition, the lower ability learners suffer from other weaknesses in terms of vocabulary and general language proficiency. The reported GLOB strategies (see Table 5) are more concerned with understanding the text without having to translate much. I found that readers at this level are trying to figure out the meaning from the reading aids and clues. As they move up towards the intermediate level, they employ more SUP strategies and intensify their use of PROB strategies. The finding supports Phakiti (2003), who asserted that high and low ability readers differ in using metacognitive reading strategies.

The correlation tests that were done in this study found a strong association between the reported proficiency and the reading abilities. This means that students were accurate when they rated themselves. However, their levels, whether they were reported or scored in a standardized test, did not correlate with reading strategies in all three subscales as reported in Table 7. It seems that the readers in this study were not as accurate when they reported their levels of strategy use. This finding is not very uncommon in the literature. Özkan Gürses and Bouvet (2016), for example, did not find a between significant correlation reading comprehension and reading strategies in both subgroups of Turkish and Australian participants. Similarly, Alsamadani (2009) and Mónos(2005) did not find a significant correlation between reading strategies and comprehension as measured by test scores. Mónos explained the lack of association between reading ability and perceived strategy use to test difficulty that might justify poor students' performance despite the reported high use of reading strategies.

For the present study, there might be other variables that caused the absence of a correlation between reading ability and perceived strategy use in the present study. One possibility is the excessive strategy instruction that students in this study were receiving. In reading classes like the ones that the participants of this study take, students receive intensive instruction in reading strategies. It is my contention that the participants became more aware of the strategies, but they did not have time to internalize, operationalize, and automatize this knowledge. Further, it has been contended that

learners might perceive reading strategies, but they may not necessarily transform perception into actual use while reading (Mokhtari & Sheorey., 2002).

CONCLUSION

A central goal of reading instruction/education is to assist low-level students in improving their reading abilities to match the high ability readers. Because most of nowadays reading classes teach strategies to some extent, there is a shred of mounting evidence that explicit strategy instruction is the way to go. Thus, we may draw few conclusions based on the findings and observations from this study. First, this study confirmed that students at different levels of reading proficiency reported different use of reading strategies. The difference is twofold: order and intensity. The intermediate level showed different order from both the high level and the low level. As for the intensity, the low level reported medium use of strategies in all three subscales in the SORS.

An implication of this finding would be a better understanding of how learners progress through ability levels. Teachers can use this to assist their lower ability students in using more supporting strategies to get them better understand reading texts and eventually move to the intermediate level. They also need to train them to elevate their perception of the problem-solving strategies to match those in the intermediate level.

Second, the lower-level participants rely on the global strategies to compensate for other critical skills, like automatic decoding of the written word, limited vocabulary, and ability to guess word meaning from context. It is crucial for teachers and students alike to work on building up vocabulary and practice more reading using other strategies in the PROB subscale.

Third, the intermediate ability level has its own peculiarities. Participants in this level employ more SUP strategies, particularly translation and dictionary use. This highlights their need for comprehension compared to the lower level. Though using SUP strategies as such is commendable, it should not be at the expense of time and effort invested in any given reading. Having to stop at every other word to look it up would be impractical in many situations, such as exams. So, teachers should assist their students in using these SUP strategies sparingly and employ more PROB and GLOB strategies instead.

Finally, curriculum designers should keep themselves on the lookout for studies like the present one. There might be some helpful ideas that could facilitate teaching and learning of reading in a foreign language. One suggestion is to present reading strategies in a way that is gradual and mirrors the ability level requirements as found in this study. As alluded to in the introduction, the results reported in this study might not necessarily apply to other learners from different L1 backgrounds, as other learners might have their own preferences.

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