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The Importance of Self-Development And Movement Exercises In Children With Motor Disability

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ABSTRACT

This article illustrates role important development self and movement to development of the child experiencing motor impairment. Development self-explained as an attempt to improve potential and quality child's life, temporary motion is called existence from helpful inclusivity show diversity of children. This article examines challenges faced by special children in development themselves, like obstacles physical, social stigma, and limitations accessibility. Inclusivity movement referred to as a solution to create a supportive environment, reduce stigma and encourage participation active special children. The research method this article uses method qualitative descriptive. This article aims to provide outlook about How development self and movement can become catalyst important in build a more meaningful life for children with motor impairment.

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1. INTRODUCTION

A existence naturally be one of the goals of achievement life somebody. Development desired individual can see from aspect personality as one form from exists component psychic who gives contribution big in there is an actualization process self (Mukti et al., 2021). Existence development Personality is greatly influenced by manner individual understand himself. Individual way looking quality himself, good or bad, high or low , strong or weak , as well as all aspects about himself will undergo a process of crystallization and formation element psychology which is called a concept self (Tiahirani et al ., 2020). Draft this self will impact on development personality someone and will influence the way life individual them. One of frequent problems appear in dynamics development draft self is there is in children with special needs. Many studies have been done done on several existing categories in children with related special needs with How draft themselves. Self-development and movement for children with special needs has the aim of supporting their overall development, includes aspect physical, social , emotional and cognitive (Eviani et al ., 2020). Children with special needs receive benefit from development gross and fine motor aspects, which include movement physical like walking, running, and reaching object , as well Skills smooth like writing or drawing.

Self -development and movement also encourage children to become more independent in life daily. This can cover skills such as dressing oneself, cleaning yourself, and do activity daily other without help significant external. Helping children with special needs develop Skills their social, such as communicating with peers, interact with adults, and understand social norms. In regulations emotion build self and movement are also deep give rise to supportive experiences development well-being emotional children. This includes give opportunity to express emotions, coping stress, and building trust self (Limbong et al ., 2020). Nowadays, a lot research that discusses about The Importance of Special Self-Development and Movement Development Programs for Cerebral Palsy Children (Eviani et al ., 2020), The Effect of the Bobath Method To Ability Standing and Walking in Children with Spastic Diplegia Cerebral Palsy at the Integrated Therapy Clinic (Aulia et al ., 2023), and the Self-Development Program as an Effort for the Independence of Disabled Children at the Medan City Disabled Children Development Foundation (Aldan et al ., 2022). Until currently showing that's it It is important to train Self-Development and Movement for Children with Motor Impairments. Child with background the back that has special needs of course need more attention from the people around him. This is also one of them possible factors influence exists development self and movement.

Lack of source Power special education, support, or appropriate facilities can become obstacle in provide an optimal learning environment for these children. Some children may have special needs have trouble in communicate, both verbally and non-verbally. This can become obstacle in disclose yourself, understand information, or interact with other people. Difficulty in interact with peers or feelings socially isolated can influence development connection child social. This isolation can contribute to feelings loneliness and lack support social.

Inclusivity movement play role important in support development of children with special needs. Inclusivity movement aims to create a learning environment that provides support and adaptation for children with special needs. Facilities, curriculum, and methods teaching can adjust to suit need individual every child. Through movement inclusivity, society can educate about diversity and uniqueness of children with special needs. Better understanding can help reducing stigma and discrimination, creating a more inclusive environment.

Inclusivity movement push participation active children with special needs in activity every day, include activity social, sports and arts. This helps build a sense of trust yourself and expand opportunities for development Skills social.

Inclusivity gives opportunities for children with special needs to develop independence and empowerment self. Support them in achieving their potential maximize and overcome possible obstacles arise. Inclusivity movement involve community around to support children with special needs. With involving peers, teachers, and parents, can a supportive environment be created development holistic child. Inclusivity help increase awareness public about diversity children's abilities and needs. This awareness can change attitude public be more positive and supportive for children with special needs.

2. METHODS

This study employs a qualitative methodology, specifically case study research, and was conducted at the Special Education Laboratory of the Indonesian University of Education. The study involved observing interventions given to children with cerebral palsy through supervision. Prior to the intervention, the initial motor skills of the children under study were assessed using standardized measurement tools, such as the Bayley test or the Gross Motor Function Measure (GMFM).

3. RESULTS AND DISCUSSION

3.1. Student Demographics

Cerebral palsy is a neuromotor disorder caused by brain damage that affects the control of motor function (Kristiana, I. F., & Widayanti, C. G, 2021). The research aimed to enhance the movement development skills of children with cerebral palsy. The study focused on a 9-year-old child with the initials D, who initially displayed cerebral Palsy, with a sleeping all the dayt. Gross motor skills refer to a child's ability to perform activities using their large muscles, which can be improved to enhance the quality of their movements.

3.2. Result

According to Arifiyanti, N et al. (2019) The ability to perform activities of daily living (ADL) that involve improving and correcting movements that approach normalcy aimed to enhance the movement development skills of children with cerebral palsy. The study focused on a 9-year-old child with the initials D there was a significant improvement and it got better

4. CONCLUSION

This article illustrates role important development self and movement to development of the child experiencing motor impairment. Development self-explained as an attempt to improve potential and quality child's life, temporary motion is called existence from helpful inclusivity show diversity of children. This article examines challenges faced by special children in development themselves, like obstacles physical, social disgrace, and limitations accessibility. Inclusivity movement referred to as a solution to create a supportive environment, reduce shame, and encourage participation active special children. The research method this article uses method qualitative descriptive.

This article aims to provide outlook about How development self and movement can become catalyst important in build a more meaningful life for children with motor impairment. In concluding this article, we can conclude that development self and movement own very important role in shaping the future of children with special needs. Development process yourself not only covers aspect physical, mental, and social, but also involving development draft strong self. Inclusivity movement become the key to creating a supportive, stigma-reducing, and encouraging learning environment participation active children. With understand challenges faced by children with special needs and through effort together in movement inclusivity, we can create a more inclusive and supportive society optimal development of each child. Support from families, educators, and communities will form a solid foundation for children with special needs to be able to grow and thrive in accordance with their potential. Through development self and inclusive movement, we are not only form a stronger generation , but also creating a proud story of diversity in public We.

5. ACKNOWLEDGMENT

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6. AUTHORS' NOTE

The authors declare that there is no conflict of interest regarding the publication of this article. Authors confirmed that the paper was free of plagiarism.

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