



Facilitating 7th Grade Students' Food Literacy through Science Activities: A Qualitative Study

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Worksheet A



Part 1. Please, you and your group friends perform the following tasks together.

- > Observe ten numbered food products on your table and discuss similarities and differences of these foods.
- Please classify ten numbered food products as convenience food, organic food and natural food. Convenience food:
 - Organic food: Natural food:
- What are the characteristics of the convenience food, organic food and natural food? Explain in the space below. <u>Convenience food</u> <u>Organic food</u> <u>Natural food</u>
- When purchasing foods, which characteristics did you pay attention to? Why? Please list them in the space below.

Part 2.

Please list the foods you consume the most per day in the space below.
 Classify these foods as convenience or not convenience food, natural food and organic food.

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Share and compare your list with your group friends.

Part 3.

> In your opinion which criteria are important choosing food? Explain.

> If you were a food inspector, how would you inform people around you and what kind of advice would you give them?

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