



THE ROLE OF ISLAMIC EDUCATION IN DEALING WITH PROMISCUITY AMONG ADOLESCENTS

Hafizt Fauzan¹, Hakimuddin Salim²

^{1,2}Islamic Religious Education, University of Muhammadiyah Surakarta
Correspondence Email: fauzanhafizt507@gmail.com

ABSTRACT

This research was conducted in the Pabelan boarding house with the phenomenon of free association among teenagers in the Pabelan boarding house through small things, alcohol, dating, pornography and free sex. The influence of media, friends. Islamic education provides moral values to teenagers who fall into free association with a strong moral foundation these teenagers are able to stay away from free association behavior. This research uses a qualitative approach with an approach through direct observation with informants and interviews and to determine the role of Islamic education in dealing with free association in the Pabelan boarding house in order to fortify teenagers from the evils of free association. Therefore, the purpose of this article is to provide an overview of free association among teenagers and the negative things caused by free association. As well as the role of Islamic education in addressing this problem. There are significant negative impacts on their lives. First, there is a decline in morals and ethics, where teenagers begin to show behavior that deviates from social and religious norms. Islamic education has been proven to play a strategic role in shaping strong morals and personalities in teenagers. Therefore, Islamic education needs to be strengthened with an approach that is appropriate to the challenges of the times.

ARTICLE INFO

Article History:

Submitted/Received 09 Jul 2025

First Revised 14 Jul 2025

Accepted 27 Jul 2025

First Available online 10 Aug 2025

Publication Date 01 Sep 2025

Kata Kunci:

Adolescent; Islamic Education;
Promiscuity

1. INTRODUCTION

In today's day and age, there is a period of growth and development of adolescent individuals living in the community, so that individuals have their own interests (Firmansyah et al., 2020). This can be a way for teenagers to get to know their environment and develop there. Therefore, many differences occur in teenagers, this causes many events to occur in the community, especially boarding houses for teenage students. Tejokusumo (2014) that Society becomes an important structure that has its basis from the determination of individual values and expectations and supports well-developed adolescents Wahyuni (2024)

It is necessary to have norms that govern adolescents so that adolescents are not damaged. and it raises many problems with promiscuity. The word free wrestling for teenagers is not only about dating, but is something more. Such as deviation from norms and religion. In Islam, promiscuity refers to deviant behavior. Over time, it can arouse the desire of teenagers who are sedans looking for their identity until they fall into heinous acts (Sipahutar et al., 2024).

Meaning: And do not approach adultery, indeed adultery is an abominable act. And a bad way. (QS. Al-Isra: 32). In the hadith it is said: "The Prophet PBUH said,

Meaning: Indeed, among the signs of the apocalypse, namely the elevation of knowledge and ignorance, it is clear that many drink khamar and many commit open adultery HR. Bukhari and Muslim

Meanwhile, in KBBI, promiscuity consists of 2 words, namely promiscuity and free. Promiscuity occurs because of internal and external factors that drive this behavior. (Damanik et al.,2024).

The definition of promiscuity is deviant behavior that violates the boundaries of social, religious, and legal norms prevailing in society, especially among adolescents. It is usually carried out in groups or individually, and involves various forms of promiscuity, such as casual sex, drugs, alcohol, and smoking. Therefore, the role of Islamic education is crucial in addressing the promiscuity experienced by adolescents. This requires the mental ability to choose and distinguish between what is in accordance with religious teachings and what violates them (Anwar, 2016). Therefore, Islamic education plays a role in helping adolescents acquire values consistent with Islamic teachings, such as shaping the younger generation to do good, contribute positively to society, and achieve happiness in the afterlife (Astuti et al., 2024).

In addition to Islamic education, families also play a crucial role in adolescents' promiscuity. Families must control and strengthen boundaries in their lives, especially in light of the modern era. Responsive parents are essential to prevent adolescents from freely accessing information. This is because the availability of online support can lead individuals to engage in promiscuity and the widespread circulation of pornographic videos among adolescents. Therefore, adolescent psychology plays a crucial role in adolescent development, enabling them to navigate their lives effectively and address promiscuity issues in a manner that aligns with their personal and life needs (Kasingku et al., 2023).

Even so, there is a gap in the boarding house environment, especially in overcoming the promiscuity there. As can be seen that in the boarding house environment, promiscuity

among pabelan teen boarding houses is still rampant such as bringing a couple into the boarding house, smoking, drunkenness and other deviant behaviors.

This study seeks to close this gap by examining more deeply the role of Islamic education in overcoming promiscuity among boarding school teenagers. By editing the factors that cause promiscuity among adolescents in boarding houses, both externally and internally, how are the forms and factors of promiscuity that occur among adolescents in boarding houses and what is the role of Islamic Education in dealing with promiscuity among adolescents in boarding houses by adjusting the role of Islamic education that is relevant to today's times.

The purpose of this study is to find out the role of Islamic Education in overcoming promiscuity among adolescents in pabelan boarding houses as well as forms of promiscuity and factors that cause promiscuity and the role of Islamic education in dealing with promiscuity among adolescents in pabelan boarding houses.

The researcher also dissected more deeply the factors that cause promiscuity among boarding school teenagers from internal and external aspects as well as effective Islamic education to overcome it. Hal ini membedakan penelitian sebelumnya yang bersifat umum atau hanya melihat dari satu perspektif saja (Arfah et al., 2023). In addition, the researcher also examined the role of Islamic education with the boarding house environment in shaping the morals of boarding house teenagers.

Based on the description above, it is known that the Role of Islamic Education in Dealing with Promiscuity among Adolescents (Case Study of the Environment of Pabelan Kartasura Student Boarding Houses) in preventing promiscuity in adolescents, thus the role of Islamic Education is needed to help adolescents in Pabelan boarding houses. Therefore, with this study, it aims to reveal the role of Islamic Education in preventing free association of adolescents in Pabelan boarding houses.

2. RESEARCH METHODS

This research uses a qualitative approach, this research uses a qualitative method with a case study Arikunto (2019). which produces descriptive data in the form of written and unwritten words through observation of relevant individuals and behaviors (Salim et., 2024). This approach aims to understand individuals thoroughly and dig up information through the community and youth of boarding houses. This approach was chosen to delve deeper into Roles. Islamic Education in Dealing with Promiscuity among Adolescents (Case Study of the Boarding School Environment of Pabelan Kartasura Students).

This study uses a case study method, which is a research approach using case observation in order to understand the case in detail. This approach allows researchers to gain in-depth insights into the phenomenon that is being researched in the context Ridlo (2023). The research location is in the Pabelan Area, Kartasura District, Sukoharjo Regency, which is known for its small villages and strong customs. The research subjects involved the community and adolescents of Pabelan boarding houses, with the main focus. Islamic Education in Dealing with Promiscuity among Adolescents (Case Study of the Boarding School Environment of Pabelan Kartasura Students).

3. RESULTS AND DISCUSSION

RESULT

Adolescent promiscuity in the Pabelan Kartasura boarding house, based on the results of interviews with Mr. Juwadi and Yazid Gurfan H. he stated that while living in the Pabelan boarding house environment, he saw many Pabelan teenagers bringing their girlfriends to the boarding house with the purpose of gathering together, he also saw the same case with teenagers who were drunk and smoked in their rooms. But from all this information, he did not mention reports of riots due to the association of teenagers at the pabelan boarding house. He emphasized that what he saw was part of the promiscuity of teenagers in the pabelan boarding house.

This statement is in line with the results of the researcher's observations. That the teenagers of the Pabelan boarding house have records that violate the law or religious norms, as a researcher they are obliged to observe the phenomenon that occurs in the boarding house. Asrul (2022) free association can drain wealth and ultimately result in damaged relationships between humans and God.

The results of the observations made by the researcher on July 24, 2025 also strengthened the statements of the resource persons in the Pabelan boarding house. In the Pabelan boarding house environment, there are teenagers who carry out promiscuous activities such as reading couples to boarding houses, smoking, drunkenness and other promiscuity. But on the other hand, the researcher also found the implementation of Islamic education values that can be done by teenagers in boarding houses, such as going to the mosque on time, often waking up early and not doing extreme socializing such as consuming drugs and the like.

Which are the factors that cause juvenile delinquency in the pabelan boarding house. Researchers who found that there were teenagers who liked to follow their friends in promiscuity were the results of interviews and direct observations at the Pabelan boarding house. The factors that cause the occurrence of promiscuity among teenagers in the Pabelan boarding house are internal and external factors. Internal factors are influenced by the absence of family, mental and moral roles, broken homes of adolescents. The external factors are through friendships, environment and social media. This factor causes teenagers to do new things, even though this is actually something good, considering that they want to do new things. Especially positive things can make teenagers grow into quality teenagers. But there are also many teenagers who fall into promiscuity because they like to try and try at first. Teenagers who initially like to try to drink alcohol and have free sex end up finding it difficult to let go even though they have been warned by their friends by means of innuendo directly or vaguely at the same time.

Promiscuity can also provide significant bad things for adolescents, another negative thing is a risk to the health of the mareka (Absori, et al, 2024). One of the reasons is to easily contract dangerous diseases such as HIV and other diseases. The physicality of teenagers has also decreased, they start to get tired quickly even before activities and are mentally bad for teenagers. He will be more embarrassed in expressing an opinion and less responsive if he is talked to. It is easy to panic in doing an activity and lack confidence in himself. promiscuity

carried out by adolescents can increase the risk of mental, behavioral and other health problems. Teenagers tend to get pressure and anxiety from the impact of promiscuity (Astuti et., al 2024).

Thus, it can be concluded that promiscuity can have a rushing impact on adolescents, by decreasing their physical appearance and carrying infectious and dangerous diseases that can damage the morale of adolescents who are the main pillars of the nation. And the role of Islamic Education is also important to overcome promiscuity in the boarding house environment by instilling moral indigo and taking time for positive things so that the teenagers of boarding boarding schools can create an Islamic atmosphere that is in accordance with Islamic Education.

DISCUSSION

a) Factors That Cause Adolescent Promiscuity at Pabelan Boarding School

The phenomenon of promiscuity among teenagers in boarding boarding schools often occurs and is a spectacle for many parties, especially people in the boarding school environment. Researchers found that there was promiscuity in the boarding school environment of adolescents, that juvenile delinquency is an act committed by teenagers whose actions are against the norms or laws that apply in religion or society.

By the time of adolescence, a person will enter a phase of searching for identity. Teenagers are vulnerable and easily influenced by the social environment or from peer invitations. Moreover, easy internet access makes teenagers tempted to watch content that is inappropriate for them. That's why teenagers like to try new things they want to know and easily plunge them into negative things. This finding is in line with the theory put forward by (Aprilianto et al., 2024) which states that adolescents tend to experience emotional instability, identity crises, and a tendency to experiment with risky behavior.

The factor that makes teenagers fall into promiscuity is evident from peers who give rise to deviant behavior for teenagers. Teenagers must be avoided from joining friends on the grounds that they will not be accompanied by them, or avoid friends who can damage morals. Because if you can avoid it, teenagers have the potential to build into positive things, such as sports and others.

Furthermore, juvenile delinquency is also caused by external and internal factors, such as family problems, peer pressure, and social media. This researcher's findings are also supported by structuring research (Syifaunnufush et al., 2017), which states that juvenile delinquency is caused by internal factors, such as intelligence, personality traits, and family circumstances, as well as external factors, such as social environment and peers (Ahdar, 2022). This is due to adolescents' lack of self-identity and weak self-control, making them easily influenced by their surroundings.

On the other hand, researchers found several factors that support the occurrence of promiscuity among teenagers in boarding houses, namely: 1) Social

Media easily accesses social media has a bad influence on adolescents, especially the absence of control from the family, so that adolescents are free to access things that smell of pornography or other bad things. 2) lack of awareness from adolescents about the impact caused when they fall into promiscuity. 3) mental conditions that are still labile so that adolescents feel emotional and without long thinking in choosing associations, and making them affected by the way of choosing a free environment. 4) From poor family conditions so that adolescents find it difficult to communicate with their peers. 5) Poor environmental conditions, where the teenagers in the Pabelan boarding house often gather with their partners. 6) Abuse the internet by accessing adult content and making teenagers want to experience new things.

The phenomenon of promiscuity among adolescents in boarding schools reflects a deeper issue related to adolescent development, where the search for identity, emotional instability, and peer influence play significant roles in shaping behavior. During this transitional phase, adolescents are highly vulnerable to external stimuli, particularly from their social environment, including friends, family, and media exposure. Easy internet access without adequate supervision from parents or institutions exposes adolescents to inappropriate content, which fuels curiosity and encourages risky experimentation. Peer pressure is a powerful force that can lead adolescents to deviant behavior, especially when they lack a strong moral foundation or self-control. Furthermore, unfavorable family conditions, such as poor communication or emotional neglect, can encourage adolescents to seek a sense of belonging and validation from their peers, even if this leads to destructive behavior. Environmental factors, such as lax boarding school rules or unsupervised inter-gender interactions, further support the rise of promiscuity. These findings align with theories emphasizing the influence of internal factors such as personality traits and emotional maturity, as well as external factors such as the social environment and digital exposure, in contributing to juvenile delinquency.

b) The Role of Islamic Education in Dealing with Adolescent Promiscuity in Pabelan Boarding School

The role of Islamic education in boarding schools is to hold positive things that add morals, to the faith and morals of teenagers. By doing positive things that fill the free time of the teenagers at the boarding house through sports or participating in studies in mosques that provide an understanding of religion that will make teenagers aware. So that the results of this study show that the role of Islamic Education in dealing with promiscuity in the pabelan boarding house is by filling the free time of youth by exercising or participating in studies at the mosque. So that adolescents abandon actions that can damage themselves or damage their future, because this causes physical or social illness. Islamic education is very important in adolescents because it requires guidance for adolescents with Islamic education. To achieve this, cooperation from the teenager is needed so that it is carried out properly and does not associate with the wrong person again. With all these efforts,

teenagers can become Islamic teenagers free from the shackles of promiscuity (Salsabila, 2024).

The anticipation that must be carried out by teenagers who are often caught up in promiscuity cases is that there is someone who is able to direct and guide in accordance with the guidance of the Qur'an and As-Sunnah and is always present in studies and exercising in free time. So teenagers must always be active to use their free time for positive activities so that teenagers do not repeat the same delinquency. The injection of knowledge carried out by teenagers in the spare time will provide changes in accordance with the teachings of the Qur'an and Hadith to direct teenagers in carrying out guidance according to Islamic teachings. The Islamic Education Efforts in dealing with promiscuity in the Pabelan boarding house by providing moral and moral education so that they can implement it and always reflect on themselves for what they have done so far.

The role of Islamic education can be a strong bulwark for adolescents, preventing uncontrolled promiscuity. Therefore, Islamic education must encompass the morals and ethics of adolescents. At least three important aspects must be seriously and consistently taught to adolescents and students: faith education, worship education, and moral education. Febrianto, S (2021).

4. CONCLUSION

In the current era, where the modern era is rampant, promiscuity for teenagers is a serious problem to be faced, one of which is from teenagers in boarding houses who are involved in promiscuity. At first with the small act of alcohol, cigarettes and the rise of free sex a lack of responsibility for oneself. Promiscuity is a terrifying scourge for teenagers. Directing them to deviant behaviors such as consuming alcohol, dating apps, pornography and their mental and physical health or even in their social life. Islamic education has a role in tackling promiscuity for teenagers, especially teenagers in boarding houses. Islamic religious education can provide a strong ethical and moral basis as well as morals for teenagers, as well as give them a meaningful life. Islamic education can encourage teenagers to distance themselves from promiscuity that damages morals and is far from Islamic teachings. Teenagers can be active in positive activities that can fill their free time with useful things. With that, the role of Islamic Education is the key to making teenagers free from the influence of promiscuity and live a much better and more meaningful life than before. The strong support of Islamic education for adolescents allows them to understand and know the meaning of life that they are valuable adolescents, and are able to protect themselves from promiscuity that is detrimental to their future.

5. SUGGESTION

Islamic education is very important in helping adolescents, especially those living in Pabelan boarding houses, avoid promiscuous behavior. Teaching Islamic values and beliefs early on will help them make better choices. It's also important for parents and teens to pay attention to what they watch on TV and online, as some media can trigger bad behavior. By

staying away from harmful activities and using their time with positive things, adolescents can avoid promiscuity. Choosing friends whose faith and values are strong can also help protect them from negative influences.

Islamic education is essential in shaping adolescents' morals, especially for those living in boarding houses like in Pabelan. Early introduction to Islamic values helps teenagers make wise decisions and avoid promiscuous behavior. Parental guidance is also important, particularly in monitoring media exposure, as certain TV shows and online content can lead to negative influences. Encouraging adolescents to engage in positive activities and surrounding themselves with friends who have strong religious values can further protect them from harmful behaviors. Together, these efforts help create a strong foundation for a healthy and moral lifestyle.

6. REFERENCES

- Absori, A., Rofiq, M. H., & Zamawi, B. (2024). The Role of Islamic Religious Education in Overcoming Juvenile Delinquency at Babakan Ciwaringin Islamic Boarding School, Cirebon Regency. *Irsyaduna: Journal of Student Studies*, 4(1), 80-91. <https://www.jurnal.stituwjombang.ac.id/index.php/irsyaduna/article/view/1573>
- Ahdar, A., & Musyarif, M. (2022). The urgency of character education in efforts to overcome juvenile delinquency. *ALMAARIEF*, 86-91. <http://ejurnal.iainpare.ac.id/index.php/ALMAARIEF/article/view/3667>
- Astuti, M., Ismail, F., Herlina, H., Kusnia, U., & Nisa, F. M. (2024). The Role of Islamic Education in Overcoming Promiscuity. *Journal of Scientific Education*, 14(2), 576. <http://dikdaya.unbari.ac.id/index.php/dikdaya/article/view/707>
- Damanik, M. T. R., Tarigan, M. R. M., Qothrunnada, A., Sukana, D. S., & Siahaan, N. A. S. (2024). The promiscuity of the younger generation in the perspective of the Qur'an. *Al-Muhajirin: Journal of Islamic Education*, 1(1). <https://ejournalstithasiba.my.id/index.php/muhajirin/article/view/15>
- Kasingku, J. D., & Sanger, A. H. F. (2023). The role of religious education in fortifying adolescents from promiscuity. *Journal of Educatio FKIP UNMA*, 9(4), 2114-2122. <http://www.ejournal.unma.ac.id/index.php/educatio/article/view/6061>
- Salsabila, E., Al-Ghifari, M. S., Nugraha, N. A. A., Salis, S., Syahidin, S., & Parhan, M. (2024). Facing the moral degradation of the younger generation through the application of Islamic education to students. *Al-Tarbiyah: Journal of Islamic Education*, 2(1), 284-295.
- Sipahutar, A. J., & Pulungan, E. N. (2024). The Role of PAI Teachers in the Prevention of Promiscuity at SMPN 1 Biru-Biru Deli Serdang Regency. *Reslaj: Religion Education Social Laa Roiba Journal*, 6(1), 1120-1133. <https://journal.laaroiba.com/index.php/reslaj/article/view/5130>
- Wahyuni, S., Ramadhani, A., Sahara, A., Sagala, I. H., & Sahfitri, R. (2024). The Role of Islamic Guidance and Counseling in Preventing Adolescent Promiscuity in Timbang Lawan Village. *Al-Ittizaan: Journal of Islamic Counseling Guidance*, 7(2), 121-129. <https://ejournal.uin-suska.ac.id/index.php/alittizaan/article/view/33003>